



### This Issue

- Lecture: Pat Belyea.....June 5<sup>th</sup>
- WQ Officer & Chairman Reports
- Feature Member Interview
- Virtual Quilt Shows, Lectures, & Classes
- Call for Entries
- Neighborly Guild Calendar
- WQ Member Articles

*Safer at Home Edition #15*

## WQ Virtual Quarterly Meeting

**Speaker - TBD**

**Saturday, August 7, 2021  
10 am to noon (speaker at 11am)**

Zoom meeting invitation will be sent to all members



## Upcoming Workshops & More

- **Pat Belyea** Lecture: **Spirit Quilts: When a Quilt is More Than a Quilt**, Saturday, **June 5<sup>th</sup>** 11am – 12noon. Pat Belyea of Okan Quilts, has learned how stitching memories into quilts completely transforms their meaning and power. Join us as Pat shares her journey, and her quilts, with us. \$20 fee for members. \*\* Registration for this lecture is open until noon Wed 6/2\*\*
- **Happy Hour** Friday, **June 25<sup>th</sup>** 5:00pm – 6:00pm. Pour your favorite beverage and join us for this informal gathering to check in with each other.
- **Sew-in** Saturday, June 26<sup>th</sup> 10:00am – 1:00pm. Come see what other members are working on. You never know what tips, tricks or tools you may see. This Sew-in will feature a demo on making pillowcases.
- **July – The Guild Goes Dark**



NATIONAL  
Sewing Machine  
DAY



JUNE 13



# ***PRESIDENT'S MESSAGE***

## **What has been your quilting journey?**

Although I made my first quilt in the late 1970's, I have been actively quilting since 1995 using patterns and creating some of my own designs.

I used to stress over the perfection of making these works of love, but found out that the blood, sweat and tears was worth the stress only if I was truly enjoying the process. I decided years ago I was going to create two different series of quilts in my collection. One series of my quilts I call... "IT IS WHAT IT IS" and the other "NOBODY'S PERFECT".

Never feel you are not capable of making a particular quilt, it just may turn out to be your own version of a pattern or your own interpretation.

I don't have to be perfect; I just need to enjoy the process. I very rarely toss a project aside never finish it because I find myself wondering how that project might turn out...so I do my best to complete it, which sometimes is NOT the case with some. My projects sometimes take on a life of their own and may not look like what it started out to be and I may not keep one of my works, but there is always someone who will appreciate it as a gift. Even when I find I am not happy with what I've made, I tell myself, "it's my unique creation".

I've decided to just have fun and make the journey exciting and pleasurable.

May your quilting journey also be one filled with excitement, enthusiasm and creativity.

Enjoy the Process!

Marianne Simpson, President  
Westside Quilters Los Angeles





Coming in June, Quilt teacher and co-owner of Okan Arts..

**Patricia Belyea,**

"Spirit Quilts - When A Quilt is More Than A Quilt"  
Saturday, June 5<sup>th</sup>  
11 AM

**A one-hour Zoom lecture & virtual trunk show**  
Lecture Fee: \$20.00. \$30 for non-members

Patricia takes joy in creating Spirit Quilts for families who are celebrating a life or mourning a loss. Listening to their stories and incorporating the clothes of a loved one, Patricia has learned how stitching memories into quilts completely transforms their meaning and power. Patricia presents an overview of Spirit Quilts she's made over the past decade.



Lecture Fee: \$20.00. \$30 for non-members. Now open for registration.

[Download a Workshop Registration Form.](#)

**About Patricia and daughter Victoria**

Meet Okan Arts' co-owners Patricia Belyea and Victoria Stone. Mesmerized by the beauty of Japanese textiles, they are makers of creative quilts, teachers, and speakers.

Their Seattle-based business imports vintage textiles from Japan and runs an online gallery representing national quilters.

"I'm mesmerized by the thrill of cutting up fabric and sewing it back together. My favorite fabrics are found objects — especially vintage Japanese **yukata cottons**. As I've refined my quilting skills, I've focused on adding curves to my quilt composition—Complex Curves and Inserted Curves." ~ Patricia Belyea



More info at: <https://okanarts.com/pages/patricia-victoria>

**Sew- In June 26, 2021 10:00am-1:00pm**

Join us for an informal morning of sewing together from your own home studio. See what everyone is working on. Members join in discussing various topics and ask questions, usually quilting related. A Zoom link will be sent to all members.



## Westside Quilters Renewal Time..... ..... Yes, yes sign me up!!!



### **Membership.....**

It's membership renewal time! The renewals have been coming in - let's keep them coming! Remember that if you get your membership renewal in before July 1st you will be eligible to participate in the drawing for a quilt made by Mike McNamara.

Westside Quilters has so much to offer in the way of speakers and workshops, for the coming year. And, please join us on our once-a-month Happy Hour - the last Friday of the month. Additionally, Westside Quilters are enjoying the monthly Sew-Ins - it's a way of getting some work done and enjoying the company of other quilters to see what they are doing.

We've mastered Zoom and it's the next best thing to getting together in person, as we did in the past. We are hopeful that all Westside Quilters members will be gathering together in person sometime in the near future, but we are following CDC guidelines for now.

You can find the renewal form in this WQ newsletter (Last page) and on our Westside Quilters website.

You might also want to mention to your friends, near and far, that since Westside Quilters are doing Zoom meetings until further notice, they can join from wherever they live and you'll get to see them and enjoy quilt conversation!

Looking forward to seeing you all soon.

Luann Jaffe  
Membership

Mike McNamara



# Leadership.....

## 100 Days...

I don't know about you, but sometimes it feels like my creativity is caught in the doldrums. Sometimes a challenge is a good way to get out of that space, and some even find a 100-day challenge the perfect way to jumpstart creativity.

100-day challenges seem to be popping up all over and in all kinds of formats. Mel Beach has done several, and after planning a general theme/approach, she rolls the dice to determine each day's project. Debbie Grifka has committed to spending 60 minutes a day for 100 days, each day working on a project and sharing her results. Jane Haworth is making a Temperature Quilt where she chose 20 fabrics, each representing a 3 degree temperature range, and each day she creates a 4-inch block based on the high and low temperature of the day. And I am sure there are many other variations of 100-day challenges.

Hmmm...I wonder if this might be the way to go for me? I don't think so. Debbie Grifka admits that by day 80 (!! she got "a bit tired," even taking weekends off! And someone else wrote about enthusiastically heading into her 100 days....and quitting after day 5. That made me laugh – and it made me feel better about NOT taking on such a project.

For now, I will be content to read about others who are doing this and marvel at their creations. That said, I would love it if our guild came up with a yearly challenge, maybe pick a theme/idea in January and bring our completed projects for show-and-tell at the annual Holiday Tea.

For now, I will keep working on my giant applique project, try to finish up some UFO's, and the other day I saw a picture of a quilt that might inspire my next new project. I just hope it doesn't take me 100 days to finish it!

Happy quilting!

Barbara Marom-Pollack  
Vice President



Anita Withrington	June 3
Toni Glick	June 3
Joann Kileen	June 4
Patti Post	June 12
Maureen Gardner	June 16
Bobbi Leung	June 16
Kim Ryan	June 17
Allison Leong	June 22
Roberta Walley	June 25



Many parents fail to recognize the early warning signs of Obsessive Quilting Disorder.



## Treasurer

Karynn Dittmar, Treasurer

<b>OPENING BALANCE AS OF 6/1/20</b>		<b>6816.25</b>
<b>INCOME</b>		
Membership Dues / Donations	6607.00	
Workshop Fees	2305.00	
Bank Adjustment	0.00	
Guest Fees	0.00	
Fabric Sale Fundraiser	924.00	
Amazon	136.02	
<b>TOTAL INCOME</b>		<b>9972.02</b>
<b>EXPENSES</b>		
Workshop Expense	3016.00	
General Meeting Expense	2065.43	
Charitable Contributions	200.00	
Administrative Expenses	34.30	
Membership Expenses	1964.00	
SCCQG Insurance	280.75	
Website	324.00	
PO Box Rental	168.00	
Philanthropy / Ed. Expense	858.91	
Printing / Promotion / Admin.	0.00	
Square Up/Pay Pal Fees	90.37	
Government Fees	20.00	
<b>TOTAL EXPENSE</b>		<b>9021.76</b>
<b>NET INCOME</b>		<b>950.26</b>
<b>CLOSING BALANCE as of 5/27/21</b>		<b>7766.51</b>

The column to the left is the Treasurer's report for the year ending May 31, 2021. We have tried to have a break-even year while providing our membership with fun, informative speakers and workshops during an unprecedented year.

We hope you have enjoyed the offerings and we look forward to many learning opportunities going forward.

### Website and Social Media:

The WQ website at [www.westsidequilterslosangeles.org](http://www.westsidequilterslosangeles.org) has been updated with future events and programs and (just in case you missed the Zoom meeting) all the quilts from the May 1st Quarterly meeting Quilters' Showcase.

Please continue to send digital photos of your work to [westsidequilters@Yahoo.com](mailto:westsidequilters@Yahoo.com) to be included in our Facebook, Instagram pages as well as the Weekly Update. They truly brighten up our WQ pages and are a great way to stay in touch!

Sally Wright  
Website and Social Media Manager.

### Easy Money for WQ:

**amazon smile**

<https://smile.amazon.com/ch/27-3145733>

Support Westside Quilters when you shop on Amazon by clicking on this link. Please make sure you are logged into your smile account. Amazon Smile is a free program and you'll find the same low prices, vast selection and convenient shipping options as Amazon.com and Amazon will make a donation to Westside Quilters

If you have any problems, please contact Karynn Dittmar, Treasurer.

# Philanthropy.....

Hi Quilters!

We are gearing up for the Zoom Sew-In on June 26 from 10 am to 1 pm. We will be featuring a pillowcase demonstration using a burrito or tube method. To make one of these fun quick pillowcases, you will need 3 WOF strips of fabric: 27 inches for the main fabric, 9 inches for the cuff, and 2 inches for the accent stripe. Making these pillowcases is addicting and a great way to use up those scraps! We will be collecting any donated pillowcases to the charities we support.

These links will give you a preview of the method:

- Written and video instructions:  
<https://www.craftsy.com/post/burrito-pillowcase/#>
- Video tutorial:  
<https://www.youtube.com/watch?v=MrYWCma9wgM>

We will have pillowcase kits available if you need them! We thought this project would be a great way to use the donated fabric leftover from our sale.

We also received another generous donation from Sewing Arts Center to make more philanthropy quilts! There are 14 bundles of Hoffman batik fabric available, each with about 11 fat quarters per bundle. Susanne from Sewing Arts also provided us with instructions on making a quick Sudoku quilt with 5-1/2" squares. (See attached pattern)

Please let Nancy or Lisa know if you want a pillowcase kit or batik bundle for drop off or pick up (contact information below).

Thank you for your support!  
Philanthropy Committee  
Virginia, Lisa, and Nancy

Nancy: [nancykawahara1@gmail.com](mailto:nancykawahara1@gmail.com) or 310.871.6363 (cell)  
Lisa: [ldrew007@aol.com](mailto:ldrew007@aol.com) or 310.902.5821 (cell)

[philanthropy@westsidequilterslosangeles.org](mailto:philanthropy@westsidequilterslosangeles.org)



**Sudoku Quilt Pattern made with 5-1/2" squares. (See attached pattern below)**

*Charmed 4 1/2" x 4 1/2" Template  
And Layout Grid*



Colors of your choice

	1	2	3	4	5	6	7	8	9	10	11
1	1	2	3	4	5	6	7	8	9	10	11
2	9	7	8	6	11	10	4	1	2	3	5
3	5	10	11	1	8	2	9	3	6	4	7
4	11	4	6	7	9	3	5	2	10	8	1
5	3	8	5	2	10	11	1	4	7	9	6
6	7	1	9	11	6	4	3	10	8	5	2
7	8	3	7	10	1	5	2	6	4	11	9
8	4	11	1	5	2	7	10	9	3	6	8
9	6	9	4	3	7	1	8	5	11	2	10
10	10	6	2	9	4	8	11	7	5	1	3
11	2	5	10	8	3	9	6	11	1	7	4

*use 11 FQ  
cut into 5 1/2" squares*

**National Donut Day June 4<sup>th</sup>**





## ***Calls for Entry June 2021***

As we have learned recently most shows and exhibits this Fall and Winter have either been cancelled, postponed or have gone virtual. All AQS quilt competitions at their shows for 2021 are cancelled. International Quilt Festival is planning an in person show in Fall 2021 and their calls are below. However, before sending off your entry to any show, double check to make sure that the event is actually taking place. There are a few deadlines coming up soon and some listed below to get ready for next Spring and Fall. Hopefully as 2021 progresses there will be more opportunities. Watch this space!

For some great information from a veteran on how to get your work shown see this blog entry from Sue Bleiweiss <https://suebleiweiss.blog/2018/06/14/getting-your-work-out-there/>

I also recommend this blog post from Lyric Kinard on how to choose venues to display your work - <https://lyrickinard.com/2019/05/showing-your-work-choosing-venues/> In fact, there is a whole series of blog posts on getting your work out there that is well worth your time.

Here are some suggestions for quilt entry photography from International Quilt Festival.

### PHOTOGRAPHING YOUR QUILT FOR SUBMISSION

Continuing our notifications for ways to display your quilts and textile pieces to a wider audience... Entering shows is not difficult, but to begin here are a few guidelines:

- Always make sure you read everything in the call including the calendar, requirements, rules, etc. Especially the rules! Will save headaches and disappointment later on.
- Keep a record on your entries so you won't be caught with a quilt needing to go two places at once. Having to remove a quilt from a show or exhibit because you misread the exhibition dates is a no-no. Ask me how I know...
- Having a great photo of your quilt - straight on, in focus, not on a bed or held up showing hands and feet, super important. There is lots of great info on quilt photography on line. Google!
- Don't be intimidated or depressed by a rejection! There are lots of different reasons why a quilt doesn't fit into a specific show. It is usually not because your quilt is bad!

The calls below are just a sample of the many opportunities out there. For more search "Fiber Art Calls for Entry" or "Quilt Calls for Entry"

**International Quilt Festival Houston Special Exhibits** Some Calls for entry have ended, but these remain...

**The International Quilt Festival Judged Show** (replaces the IQA "World of Beauty" Competition. IQA has disbanded so international Quilt Festival itself will produce the Judged Show from now on at Houston Quilt Festival. All the info to enter is at <https://www.quilts.com/quilt-festival/quilt-festival-houston/judged-show/>

*Entry Deadline is May 27, 2021, but it might be extended.*

### **Pandemic: Life in Lockdown**

During the COVID-19 pandemic, many quilters around the world have used their time in lockdown or quarantine to create pieces that express their fears, loneliness, and loss, as well as what they have learned in the past year. Share your creative journey with us in this exhibit. <https://www.quilts.com/enter-your-quilt/>

Entry Deadline June 7, 2021

## **Tactile Architecture**

Buildings have a long history of inspiring the creative designs of quiltmakers. In the 19th century, American quilters developed classic architectural patterns such as Log Cabin, Schoolhouse, and Brick Wall. This annual juried exhibit challenges quiltmakers to create works based on architectural themes and inspirations. *Entry Deadline June 3, 2021.*

<https://www.quilts.com/enter-your-quilt/>

## **Together In Unity**

Throughout the world, many changes are occurring in many areas of life, society, and interpersonal relationships. Viewpoints are evolving. We are all experiencing change. Change is frightening, but change can also be positive and invigorating. Art not only illustrates change, but can also influence it. Use your talent to express in a creative work what brings us together and illustrate how listening to change and reaching out can open doors for all people. <https://www.quilts.com/enter-your-quilt/>

*Entry Deadline June 6, 2021*

## **Other entries coming up:**

**2021 SAQA Benefit Auction** Be part of SAQA's most-anticipated fund-raising event! Donate a 12 x 12-inch art quilt to support our exhibition and outreach programs. This year's auction will take place online from September 10 through October 3.

<https://www.saqa.com/events/saqa-calls-entry>

*Entry opens April 1 and closes June 30th 2021.*

**Fiber Art Now** has unveiled their 2021 Calls for entry including exhibits for felting, wearables and quilts. Deadlines from Mid May through October. All the info at <https://fiberartnow.net/calls/>

**Art Quilts XXVI** - Vision Gallery & Chandler Center for the Arts, Chandler Arizona. Quilts and storytelling have always complemented one another. Quilts are blanketed in the oral tradition from construction and deconstruction to concept, purpose culture and history. What stories do your quilts tell? Are they family stories? Utilitarian stories? Animal stories? Travel stories? Maybe a concept? Or maybe, "I got mad and cut it all up and sewed it back together" stories? Regardless of whether the narrative lies in the imagery of the quilt, the process in which you made it, or the significance of design or purpose, we want to see your story quilts. November 20, 2021 - January 10, 2022.

*Entry Deadline September 13, 2021.*

**Rocky Mountain Quilt Museum** "Evolutions - Looking Back Moving Forward". Entry opens November 1, 2021. [https://media.rainpos.com/5518/2022\\_evolution\\_cfe\\_rules.pdf](https://media.rainpos.com/5518/2022_evolution_cfe_rules.pdf)

**Sacred Threads 2021** has announced that the 2021 exhibit will be postponed until July of 2022. *The Call for Entry for 2022 will open in the Fall of 2021.*

**SAQA Gastronomy** - Gastronomy is the study of the relationship between food and culture, featuring not only the bountiful gifts from nature, but a gift from the human hand. The art of preparing unique, delicate food is a tradition passed from generation to generation, around the world. Combining innovative ingredients, colors, textures, and flavors creates dishes pleasing to both the palette and the eye.

Artists are encouraged to reflect on their personal relationship with food - the enjoyment, comfort, and celebration inherent in the presentation of a special meal. <https://www.saqa.com/events/gastronomy-saqa-global-call-entry> *Entry Deadline November 30, 2021*



Questions? Contact Sally Wright at [sally@sallywrightquilts.com](mailto:sally@sallywrightquilts.com)



# Summer Solstice Quilts – Sunday, June 20<sup>th</sup> 8:31 PM





## A NEIGHBORLY GUILD CALENDAR

### June 2021

June 5 <b>Westside Quilters</b> <a href="http://www.WestsideQuiltersLosAngeles.org">www.WestsideQuiltersLosAngeles.org</a>	<u>Patricia Belyea</u> Lecture: "Spirit Quilts - When A Quilt is More Than A Quilt"
June 6 San Fernando Valley Quilt Guild <a href="http://www.sfvqg.net">www.sfvqg.net</a>	<u>Doug Sobel</u> Workshop: Quilted Leather Tote Bag
June 9 <b>Glendale Quilt Guild</b> <a href="http://www.glendalequiltingguild.org">www.glendalequiltingguild.org</a>	<u>Meg Cox</u> Behind the Scenes at the World Greatest Quilt Museum
June 14 <b>LA Modern Quilt Guild</b> <a href="http://www.LAMQG.org">www.LAMQG.org</a>	<u>Karen Miller</u> Lecture: Aurifil Thread
June 15 <b>South Bay Quilters Guild</b> <a href="http://www.southbayquiltersguild.org">www.southbayquiltersguild.org</a>	<u>Rose Parr</u> Program: Sew Smart - The Ergonomics of Healthy Quilting
June 20 <b>African American Quilters of Los Angeles</b> <a href="http://www.easysite.com/aaqla">www.easysite.com/aaqla</a>	<u>Meeting</u> – third Sunday of the month
June ??? <b>Simi Valley Quilt Guild</b> <a href="http://www.simivalleyquiltguild.org">www.simivalleyquiltguild.org</a>	TBD
June ? <b>Santa Monica Quilt Guild</b> <a href="http://www.santamonicaquiltguild.org">www.santamonicaquiltguild.org</a>	<u>TBD</u>
<b>July 2021</b>	
July <b>Westside Quilters</b> <a href="http://www.WestsideQuiltersLosAngeles.org">www.WestsideQuiltersLosAngeles.org</a>	<u>The Guild is Dark</u>
July ? <b>Santa Monica Quilt Guild</b> <a href="http://www.santamonicaquiltguild.org">www.santamonicaquiltguild.org</a>	<u>Pottluck</u>
July 11 San Fernando Valley Quilt Guild <a href="http://www.sfvqg.net">www.sfvqg.net</a>	<u>Mel Beach</u> Lecture: Free Motion Creative Workshop: Walking Foot Wow!
July 12 <b>LA Modern Quilt Guild</b> <a href="http://www.LAMQG.org">www.LAMQG.org</a>	<u>Meg Cox</u> Lecture: International Quilt Museum Tour -
July 14 & 17 & 24 <b>Glendale Quilt Guild</b> <a href="http://www.glendalequiltingguild.org">www.glendalequiltingguild.org</a>	<u>Colleen Wise</u> Lecture "The Hand of the Artist" Workshop: Emerald City
July 18 <b>African American Quilters of Los Angeles</b> <a href="http://www.easysite.com/aaqla">www.easysite.com/aaqla</a>	<u>Meeting</u> – third Sunday of the month
July ? <b>South Bay Quilters Guild</b> <a href="http://www.southbayquiltersguild.org">www.southbayquiltersguild.org</a>	<u>?</u>
July ??? <b>Simi Valley Quilt Guild</b> <a href="http://www.simivalleyquiltguild.org">www.simivalleyquiltguild.org</a>	<u>???</u>

## ***Featured WQ Member:***

**Jennie Kraft** Founding Member

My serious sewing began when my father put me on a clothing allowance, middle school years. He also said any dress I made and wore; he would repay for the fabric. Smart Dad!

I made my clothes, my dorm curtains and décor for University dorms, and later, kept my 3 daughters in adorable dresses until they learned to sew. I used the same bribe!

I began quilting when my girls gave me a gift of Beginners quilt class in 1980s. Gift of a lifetime. Quilts were all hand quilted, needing months to finish. I joined the SF Valley Guild and was friends with Judy Mathieson. We both were dog people. I nagged her into inventing her Pet Portrait class. She did, and liked my Portrait quilt. (6 dog portraits, hand quilted, 9 months to complete) "Send It" she said.

So Briard Quilt and I went to Houston. I was a celebrity for a week. 2<sup>nd</sup> place in First Judged Quilt! The Briard also took the same prize in the LA County Fair that year. In years that followed, a few of my wall hangings brought ribbons home.

The second jolt to my quilting life was Freddy Moran. "Red is a Neutral" freed me to indulge in all the bright colors I loved.

It was time to Give Back. A high school friend asked me to volunteer/teach a sewing class at OPCC. So, I had their old machines repaired and found 2 more in friends closets, and arranged with friends at SF Valley to get fabrics from the Guild stash. Bingo, we were on our way. I taught Beginning Sewing, then Baby Quilts for 5 years. My reward was seeing the pride these women felt when they finally made a piece that they could sell at their yearly Bazaar. I highly recommend that quilters find a Give Back. It completes a cycle.

I love the World of Quilting. I am not an artist, however, being a part of Westside gives me the opportunity to enjoy the color and inspiration of the quilts, and the pleasure of being friends with the talented ladies who make them.



Jennie Kraft



## ***At Home and Surfing the Internet***

*(temporarily replacing OUT AND ABOUT)*

A new recorded Textile Talk with **Lisa Ellis** former SAQA President and head of Sacred Threads "**Tell Us about the Quilt You Brought Today**" [https://www.youtube.com/watch?v=UKeuL\\_GpKanc](https://www.youtube.com/watch?v=UKeuL_GpKanc)

Are you intimidated by **Zippers**? Here's a good tutorial....<https://www.kristamoser.com/post/how-to-do-zippers?fbclid=IwAR0aqBL2PMBEWSzs7LQKp2xCr2HkzomQPg98UFMs7XlpGuavALy-7tGDB2c>

Take a class with **Kathy McNeil**... [https://www.iquilt.com/course/audubons-christmas-tutorial/?trk\\_msg=MQKKU1BERP3K58UNFLK7HE6CT0&trk\\_contact=Q28DUDPH3J94OEC31CHEP3GNE4&trk\\_sid=UO5CNU7KO6QH11J003563VEDB0&utm\\_source=listrak&utm\\_medium=email&utm\\_term=Audubon%27s%20Christmas%20Tutorial&utm\\_campaign=iquilt&utm\\_content=iquilt&fbclid=IwAR11dORUiZpsJV4VXZn1RGZayxMdkjgweMA8fbZo-RMooz5myVe5tOHvnuw](https://www.iquilt.com/course/audubons-christmas-tutorial/?trk_msg=MQKKU1BERP3K58UNFLK7HE6CT0&trk_contact=Q28DUDPH3J94OEC31CHEP3GNE4&trk_sid=UO5CNU7KO6QH11J003563VEDB0&utm_source=listrak&utm_medium=email&utm_term=Audubon%27s%20Christmas%20Tutorial&utm_campaign=iquilt&utm_content=iquilt&fbclid=IwAR11dORUiZpsJV4VXZn1RGZayxMdkjgweMA8fbZo-RMooz5myVe5tOHvnuw)

A video tutorial from Rob Appell "**Successful Strip Sewing**" <https://www.youtube.com/watch?v=vPu3ICco0Ck>

Quilt Stories with Lisa Walton and **Miniturist Kumiko Frydl**... <https://www.youtube.com/watch?v=4XsXob2q6rw>

A YouTube video of a recent Textile Talk <https://www.youtube.com/watch?v=LZfwicSqCa8>

A list of upcoming online workshops and lectures from the **Pacific Northwest Quilt and Fiber Art Museum**... <https://www.qfamuseum.org/workshops.html>

Another free pattern for a **quick modern quilt from Broadcloth Studio**...

[https://www.broadclothstudio.com/blog/snow-rose-throw-quilt-how-to?fbclid=IwAR0HwULel1quumqC\\_3AfUrYsiSTNcYb9BAwmMKyywcvHSEkITjsuzi\\_Sxpk](https://www.broadclothstudio.com/blog/snow-rose-throw-quilt-how-to?fbclid=IwAR0HwULel1quumqC_3AfUrYsiSTNcYb9BAwmMKyywcvHSEkITjsuzi_Sxpk)

Quilters' Affair Classes announced by the Stitchin' Post for July - all on Zoom this year. <https://quiltersaffair.com/>

What do YOU think? **Art or Craft?** [https://blog.missouriquiltco.com/more-than-a-blanket-quilts-are-art/?utm\\_campaign=blog\\_artorcraft0421&utm\\_medium=Social&utm\\_source=facebook&utm\\_term=morethanablanketblog&fbclid=IwAR1ycYwfqi3bsiRM3y5lUjbD7wNYiY-5rufewb\\_Ok4vxes9SXQF\\_p092IAE](https://blog.missouriquiltco.com/more-than-a-blanket-quilts-are-art/?utm_campaign=blog_artorcraft0421&utm_medium=Social&utm_source=facebook&utm_term=morethanablanketblog&fbclid=IwAR1ycYwfqi3bsiRM3y5lUjbD7wNYiY-5rufewb_Ok4vxes9SXQF_p092IAE)

Rose Parr teaches some essential stretches to **keep your sewing time pain free**...

[https://www.healthyquilting.com/post/healthy-quilting-is-now-on-youtube-step-away-from-your-machine-and-stretch?fbclid=IwAR2SYNAZCVTEiVZkbonCa8Ls-JG29GJ3YkoU1Ok2a\\_i9y6X6TrwMvdkv39o](https://www.healthyquilting.com/post/healthy-quilting-is-now-on-youtube-step-away-from-your-machine-and-stretch?fbclid=IwAR2SYNAZCVTEiVZkbonCa8Ls-JG29GJ3YkoU1Ok2a_i9y6X6TrwMvdkv39o)

Two new quilts from **Krista Moser**... [https://www.kristamoser.com/blog?utm\\_campaign=ac0e103c-8b57-43fa-acbf-17c6d0b63f54&utm\\_source=so&utm\\_medium=mail&cid=bb417b7b-f324-4ac1-8cb9-e64610039d0a](https://www.kristamoser.com/blog?utm_campaign=ac0e103c-8b57-43fa-acbf-17c6d0b63f54&utm_source=so&utm_medium=mail&cid=bb417b7b-f324-4ac1-8cb9-e64610039d0a)

If you like **Tula Pink's** fabric lines, here is a new release and if you are an **Alice in Wonderland Fan**, this is for you.... [https://www.superbuzzy.com/shop/Fabric/Designers/Tula-Pink/Curiouser-and-Curiouser.htm?mc\\_cid=c8fb4d2d24&mc\\_eid=fcae139042](https://www.superbuzzy.com/shop/Fabric/Designers/Tula-Pink/Curiouser-and-Curiouser.htm?mc_cid=c8fb4d2d24&mc_eid=fcae139042)

**Lisa Walton** shares her latest Cloth in Common reveal...<https://www.youtube.com/watch?v=qfz9DXIbdd8>

**See the Speaker Calendar of the Southern California Council of Quilt Guilds for additional events.** Go to [www.sccqg.org](http://www.sccqg.org) scroll down to the bottom of the homepage and click on the box "Speakers" and see other SCCQG guilds and speakers into 2020



## Member Articles...

### YOKO SAITO

*By Betsy Barker*

Japanese quilting is a strong influence on today's quilts. Yoko Saito is one of the quilters who has provided this inspiration through her hand work and pattern designs.

Videos on the Internet permit all quilters to watch quilting gurus showing their techniques. Here is [Saito demonstrating her running stitch](#). You can also watch [Saito interviewed by Ricky Tims](#). (Both videos with English translation)

Saito is well known for her use of the "taupe" color. This pale muted brown is often used with darker browns, gray, and sometimes pale blue. Taupe and its companion colors were the hallmarks of Japanese quilting for many years. Her book [Japanese Taupe Color Theory](#) is a study guide on how to use taupe.

Saito is well-known for her [house designs](#) and bags decorated with hand embroidery. She has also experimented with wool work. Her work also includes themes of Scandinavian design, as shown in her books. [Saito's books in English](#)

In 2021, Saito will release her 24<sup>th</sup> fabric collection with Lecien, a Japanese fabric manufacturer. View [Saito's quilting history and fabric collections from Lecien](#). [Free patterns](#) for Saito's quilts using Lecien fabrics are available by following the link.

[Saito's The Quilt Party online store](#) shows many of her designs. Note: if the website displays in Japanese, click the word "English" in the upper right corner, and the website will display again in English.

Teresa Duryea Wong has written about Japanese quilting in her book [Japanese Contemporary Quilts](#). Teresa was a speaker at Quiltcon 2020 and she gives Zoom meetings to quilt guilds about the influence of modern art on quilting.

Japanese quilters are now venturing into bright colors. Luana Rubin (owner of [EQuilter.com online store](#)) is well-known for her photographs of quilt shows showing these trends. See [Luana's photos of the 2020 Tokyo Quilt Show](#). [EQuilter.com](#) is also noted for philanthropy, as they have always donated a part of their purchases to charity.

Over 250,000 people attended the 2020 Tokyo Quilt show. Some tour companies are advertising trips to Japan, hoping that there will be a quilt show in 2022. But the dates have not yet been confirmed, as the uncertainty of the COVID-19 pandemic continues.

Quilting is now a global phenomenon, as every quilt show has entries from around the world. Let's expand our skills by studying and respecting the lessons of quilters from every country.

Betsy (Janet) Barker  
Interactive Media Development  
Quilt Artist



## Love Bugs

By Pat Karasick

Giving back. Using our sewing skills to help others. A year ago, we were making face masks, nursing caps and anything that was needed. This year, we're sewing to help children at risk, including those suffering after this past year.

There is so much to share, so let's start with the what, the why, the who and the how. - This is a Love Bug.

It's a stuffed friend – a pillow – given to children. Many will include a note tucked inside with words of encouragement, of support.

What is the Love Bug program - the Sew A Little Love Bug?

Moda Fabrics has partnered with the Creativity Shell to make and donate Love Bugs through the Sew a Little Love Bug campaign. We share a commitment to giving back to our communities, eliminating inequality, and helping people in need. Especially children. This partnership also shares a mutual calling to support youth mental health awareness and arts education. That is how the Sew A Little Love Bug campaign started.

It has been such a difficult year for children all over the world with schools closed, and activities cancelled, because of the COVID pandemic. Their mental health has been tested and Love Bugs might just become the only Bug they want to catch. Did you know that most children in foster programs only have enough possessions to fit in a single bag or pillowcase? A child receiving a Love Bug not only gets a stuffed friend of their own, but receives a message that someone sees them, someone cares about them. That reinforcement might not seem like much to an adult, but it can make a world of difference to a child.

When the Creativity Shell began teaching sewing/textile arts classes in local schools, they were faced with a larger crisis than initially imagined. With a Master's Degree in Educational Psychology, Shelancia realized that one of the biggest challenges being faced was the lack of practical skills among the students we are teaching. High school students in the classes couldn't tie their shoelaces, cut fabrics with scissors or thread needles, and many could not re-attach a button to a shirt. The inability to use practical skills led to extreme frustration, and poor problem-solving and decision-making skills.

Why is Youth Mental Health Awareness so important?

Strong mental health is a stepping stone to preparing children for success. Learning practical skills teaches children coping mechanisms, and problem-solving skills, in





ways they will carry forever. And once a child has learned to create, they have endless potential to support themselves emotionally and financially, reducing their susceptibility to things like homelessness, drugs and gangs, the school to prison pipeline, and human trafficking.

How can I help – how can I Sew A Little Love Bug?

Five Fat Quarters and a Love Bug pattern. A bit of ricrac, ribbon or trim is optional. Buttons or scraps for the eyes, and stuffing.

Where do I get the Love Bug pattern? **Sewing Arts Center, 3330 Pico Blvd** has kits for \$10.00. Order online and have them shipped or arrange for drop off at the store. Some of us added extra legs. Real ladybugs have 6 legs. Your kit will have enough tape to add the extra two legs.

Julie Marques, sweetened the pot. For every Love bug dropped off at her stop, she will give you a yard of fabric. Please support your local quilt shop.

*Barbara Groves of Me & My Sister made a Love Bug - a happy, bright one.*



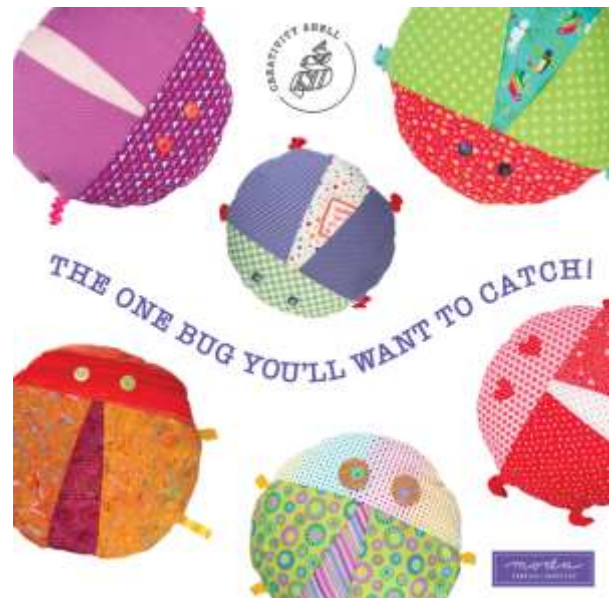
### **Sew A Love Bug Pattern**

Moda will be donating to the Creativity Shell to help pay for art therapy programs to kids between 5 and 17 years old, as well as mental health therapy.

We'll be sharing more about the Sew A Little Love campaign on social media in May, and throughout the year.

Be sure to share your Love Bugs on social media using #LoveBugs - #SewALittleLoveBug - #YouthMentalHeathAwareness.

If you're interested in learning more – and doing more – [www.CreativityShell.org](http://www.CreativityShell.org). And follow them on [Facebook](#) - [Creativity Shell](#) and [Instagram](#) - [@creativityshell](#).



## Editor's Note:

### National Sewing Machine Day June 13<sup>th</sup>

Each year on June 13th, National Sewing Machine Day honors an invention that's kept us in stitches for over 150 years!



Here's a little look at the history of the sewing machine, laced with accusations, failed attempts and some serious scandal. From narrowly escaping death to patent law suits, it's an interesting story that demonstrates the seam-ingly humble sewing machine ruffled more than a few feathers in its lifetime.

- In 1790, Thomas Saint is reported to be the pioneer in the sewing machine. He patented and invented a larger size machine, which was meant only for leather materials. However, he never built or demonstrated that his idea worked.
- In around 1814, Josef Madersperger, an Austrian tailor developed and presented his working sewing machine that garnered positive acclaim and the Austrian Government offered him with monetary aids to further improve his machine. Nonetheless, technically, he failed and it remains a failed experiment.
- In 1829 the first workable machine was patented by Barthelemy Thimonnier, a French tailor, who invented a machine that used a hooked needle and one thread, creating a chain stitch. His patent was immediately approved and he founded a factory. Unfortunately, his factory was set ablaze by the workers fearing being replaced and their future employment.
- Walter Hunt invented the first American lockstitch sewing machine in 1832
- Elias Howe from America invents a sewing machine that resembles others but with some additional tweaks and adjustments of his own. His patent was to invent "a process that uses thread from 2 different sources." His machine has a needle with an eye at the point, which goes through the fabric creating a loop on the reverse, a shuttle on a track that slips the second thread through the loop, creating what is called the lockstitch. He struggled to market his design in America, so he took the plunge and sailed to England. After a lengthy stay, he returned to America only to find others had copied his lockstitch mechanism. One of those was Isaac Merritt Singer
- Starting in 1851, Isaac Merritt Singer is one of the most well-known sewing machine manufacturers, building an empire that is still going today. His iconic Singer sewing machines are beautifully ornate and somewhat legendary. He developed the first version of our modern day sewing machine, with a foot pedal and the up-and-down needle. He was also inspired by elements from the Howe, Hunt and Thimonnier inventions, causing Howe to file a lawsuit, which Howe won!
- During the first World War the Singer Sewing Machine Co. electrified and added electric motors to their sewing machines. Even now, Singer ranks as one of the most used brands in Sewing Machine manufacturing.



*In honor of National Sewing Machine Day oil your sewing machine!*

Stay Safe and Healthy.....  
Happy Stitching,

Debbie Nussbaum  
Newsletter Editor



<https://www.contrado.com/blog/history-of-the-sewing-machine/>



## Westside Quilters - Virtual Quarterly Meeting - May 1, 2021

**Vice-President:** Barbara Marom-Pollack welcomed everyone to Westside Quilters quarterly meeting. She then thanked all the members of the Executive Board who agreed to extend their terms for one more year, in light of the pandemic. A resolution to extend the officer's terms was read aloud and then passed by the membership. Barbara also reminded WQ members to start thinking about volunteering for a place on the Board next year.

**Treasurer:** Karynn reported that the budget information for fiscal year 2021-22 was in the latest newsletter. The budget for 2021-22 was approved by WQ members by a voice vote.

**Membership:** Luann said that membership renewal has begun. If members renew by July 1 they will be entered in a raffle for the quilt Mac McNamara donated to the Guild. The drawing will be at the August 7 quarterly meeting.

**Philanthropy:** Nancy thanked everyone who came to the fabric sale - WQ made \$900. She also thanked Pat Karasick and all the volunteers who set up everything in Pat's driveway. The Philanthropy committee is sponsoring June's monthly sew-in and has pillowcase quilt kits that can be picked up before the sew-in. Nancy also mentioned that WQ is now donating quilts to Para Los Ninos.

**Website:** Programs on the website are up to date through July. Sally urged members to keep sending in information for the Weekly Updates and to send in photos of your Spring & first quilts.  
**westsidequilters@yahoo.com**

**Newsletter:** Debbie thanked all who contributed to the latest newsletter.

**Programs:** Pat said registration for Pat Belyea's lecture "Spirit Quilts" on June 5 is open.

**Quilters' Showcase:** Pat Karasick - Crazy quilt, "Honeybunny's Garden" quilt, mystery quilt; Bobbi Leung - Sunflower from Loretta Crites' class, potholders for Quilts From the Heart; Virginia Marshall - "Geese in Sand Storm" in Australian fabrics, 3 generation of geese quilt, Bizzy Bee quilt, scrappy left over blocks; scrappy strip pieced quilt, quilt made of orphan blocks donated from others; Schnibble jelly roll with scraps, sewing machine cover; Karynn Dittmar - Ann Shaw duck, Lisa Thorpe kit, Cotton & Bourbon pattern, Pam Holland doodles, Mandala from Mel Beach class, Siddi quilt from Sujata Shah class, sunflower from Loretta Crites' class, Vicki Bohnhoff - Easter basket, gift for Matt Randall; Virginia Marshall - Marjorie Rhine pattern; Sally Wright - National Quilt Museum block of the month, Jan Krentz spiral Lone Star, Center medallion quilt with Sashimi blocks as a border; Barbara Marom-Pollack - Siddi quilt from class, philanthropy quilt, baby quilt; Debbie Nussbaum - "Modern" gift quilt in grays

**Featured Speaker:** Trudy Cleveland spoke about how, why and when to photograph quilts. An interesting and informative talk!

The first question to ask is why photograph your quilts? There are several answers to this:

1. To enter a quilt show
2. Virtual show & tell
3. To document your Art
4. To record your process as you go along
5. To recreate the quilt
6. As a record if lost or stolen
7. For insurance or appraisal

### Other tips:

Make sure that the quilt is the star of the photograph.

Decide where to take the photo - outside (there might be wind, the lighting can be difficult, what do you use for a background), or inside where more is under control (you can control light direction and background, accentuate the texture of the quilting).

If inside use the "magic light" - a window or lamp at a 90-degree angle to really illuminate the quilt.

Hang the quilt on a wall or a stand.

Use supplemental light if needed. Hardware store clip-on lights with daylight bulbs are good.

Take full size and close up images.

Checklist for take photos to send in to a Show & Tell:

Direction of the light, position of the quilt, check how level the quilt is hanging, use the grid on your phone camera, fill up the screen with the quilt, use Portrait mode, focus on what you want the viewer to see first.

And always take pictures along the way to document the journey!

Respectively submitted,

Terrie Dorio, Secretary



## Westside Quilters Executive Board meeting, May 8, 2021

**President:** Marianne welcomed everyone to our (last?) virtual Board meeting at 1:00. Sally moved to approve the April 11 meeting minutes and Pat seconded. The Board approved. Marianne then brought up the possibility of once again meeting in person now that most of the Board is vaccinated. After discussion, it was agreed to try it in June.

**Vice-President:** Barbara continued the question of in-person meetings by asking if there had been any information from our usual meeting spaces about when they would open to outside groups. Right now, everything seems in flux so it will be a while before anything changes with workshops or quarterly meetings.

**Treasurer:** Karynn reported that there is \$6457.40 in the treasury.

**Membership:** Luann said that members were renewing at a good pace and WQ has one new member.

**Philanthropy:** Lisa said the Philanthropy committee will co-host the June 26 sew-in and offer pillow case kits for members to make on that day or later. She also mentioned that Sewing Arts Center has donated fat quarter sets of batiks to make Sudoku quilts (or any other quilt). Lisa or Nancy can be contacted about the pillow or batik fabrics.

**Newsletter:** Articles are due on May 27.

**Programs:** Pat mentioned that the next two programs will be Patricia Belyea on June 5 at 11:00 with the talk "Spirit Quilts". On August 7 Carole Lyles Shaw will present a workshop, "Stash Jazz", and at the quarterly meeting the following day she will be speaking about "What is a Modern Quilt".

**Website:** The website is up to date with photos and information on programs.

**New Business:** The next Board meeting will be June 19 at 10:00 at Karynn's!

Meeting adjourned at 1:40.

Respectively submitted,

Terrie Dorio, Secretary

**National Flag Day June 14th**







# WESTSIDE QUILTERS

## Membership Form June 1, 2021 to May 31, 2022

PLEASE WRITE CLEARLY and MAKE SURE YOU INCLUDE YOUR EMAIL ADDRESS

Name		Birthday
Address		
City/State/Zip Code		
Home Phone	Work Phone	Cell Phone
Email:		
Occupation	Retired ? From?	
Member of Mini-Group	Interested in joining a mini-group?	

Renewal Membership       New Member

Annual Membership Dues to May 31, 2022 [dues are not tax deductible]

\$50.00

Fully Tax-Deductible Charitable Donation \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

Members of Westside Quilters (WQ) may participate in all Guild activities, have the right to vote, hold elective or appointed office, attend General Meetings without fee, and register for work-shops at membership rates. WQ members pledge to perform a few service hours each year.

For renewing members, please indicate your contributions this past fiscal year:

- Served on the Executive Board or a volunteer committee.
- Engaged in philanthropic quilting activities (WQ or other organizations).
- Assisted at general meetings or workshops or field trips.
- Contributed to the WQ newsletter or distributed promotional WQ material
- Other activities \_\_\_\_\_.

**Members can pay with a check, credit card or debit card, Zelle through your banking software or PayPal to WestsideQuilters@Yahoo.com**

(1) If paying by check, make your check payable to "Westside Quilters."

(2) If paying by credit card or debit card, please fill in the information below.

Credit card number \_\_\_\_\_

Name as it appears on card \_\_\_\_\_

Expiration Date \_\_\_\_\_

American Express     MasterCard     Visa     Debit Card

CVV \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

(3) Please sign and complete this application.

(4) Mail application and check (if paying by check) to Westside Quilters,  
Post Office Box 641925, Los Angeles, CA 90064.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Westside Quilters is a Federal 501(c)(3) tax-exempt public charity. The effective date of exemption is June 17, 2010, as specified in the determination letter dated May 26, 2011.